



Centurion
UNIVERSITY

Shaping Lives...
Empowering Communities...

Event Report: Free Health Checkup Camp at CUTM Paralakhemundi

Date: 30th June – 6th July 2025

Platform: Centurion University of Technology and Management, Paralakhemundi
Campus

Venue: School of Nursing, CUTM PKD



**Centurion University of Technology
and Management**



School of Nursing

brings to you

**HEALTH CHECK-UP
CAMP**

Banner for the event: Free Health Checkup Camp at CUTM Paralakhemundi

Event Details:

With a deep commitment to the health and well-being of its academic community, the **School of Nursing, Centurion University of Technology and Management (CUTM)**, Paralakhemundi Campus, organized a **Free Health Checkup Camp** from **30th June to 6th July 2025**. The camp was exclusively arranged for the **teaching and non-teaching staff** of the university, offering them an opportunity for early detection of potential health issues and to encourage preventive healthcare practices.

Over the course of seven days, around **280 individuals** came forward to participate in this health initiative. The event witnessed enthusiastic engagement and appreciation from all staff members, who expressed gratitude for this thoughtful endeavor toward holistic wellness.

Diagnostic Tests and Services Provided:

A wide range of screening tests and diagnostic services were conducted free of cost. The camp offered:

- **Anthropometric and Vital Measurements:**
 - **Body Mass Index (BMI) Assessment**
 - **Blood Pressure (BP) Measurement**
- **Biochemical Investigations:**
 - **Blood Glucose Tests:**
 - **Fasting Blood Sugar (FBS)**
 - **Random Blood Sugar (RBS)**
 - **Glycated Hemoglobin (HbA1c)** – a marker for long-term glucose control
 - **Liver Function Test (LFT):**
 - **SGOT (AST)**
 - **SGPT (ALT)**
 - **Total Bilirubin**
 - **Albumin**
 - **Kidney Function Test (KFT):**
 - **Serum Creatinine**
 - **Blood Urea**
 - **Thyroid Function Test (TFT):**
 - **Thyroid Stimulating Hormone (TSH)**
 - **Triiodothyronine (T3)**
 - **Thyroxine (T4)**
 - **Complete Blood Count (CBC)** – to assess overall blood health and detect conditions like anemia or infection.

The health screening was conducted under strict hygiene protocols, with professional support from the nursing faculty, lab technicians, and student volunteers. Participants were also counseled on their health reports and advised on further medical care wherever necessary.

Inaugural Ceremony:

The inaugural session of the camp was held on the morning of **30th June 2025**, marking the beginning of a meaningful week dedicated to health and service. The ceremony was graced by the presence of key dignitaries of the university who set an inspiring tone for the initiative. **Dr. Anita Patra**, Registrar of CUTM, formally inaugurated the camp and applauded the School of Nursing for its proactive role in promoting campus health. She was joined by **Prof.**



Centurion
UNIVERSITY
*Shaping Lives...
Empowering Communities...*

Supriya Pattanayak, Vice Chancellor of CUTM, who emphasized the importance of accessible health services in an academic setting and appreciated the nursing department's outreach.

Also in attendance were **Dr. Biswajit Mishra**, Pro Vice Chancellor, **Dr. S. P. Nanda**, Dean of Administration, and **Dr. Prafulla Kumar Panda**, Dean of the School of Engineering and Technology. Their collective presence and words of encouragement uplifted the event and reflected the administration's commitment to employee welfare. Their participation also highlighted the university's integrative approach to health, education, and institutional care. The dignitaries toured the checkup stations, interacted with the organizing team, and conveyed their best wishes to the volunteers and participants.

Acknowledgement:

The success of this initiative was the result of strong interdepartmental collaboration and generous support from several individuals across the university. The organizing committee extends its heartfelt gratitude to **Dr. R. K. Swain**, Dean of the School of Veterinary and Animal Sciences, whose guidance and logistical support were crucial throughout the camp. We sincerely thank **Dr. Avinash Palli**, Associate Professor, and **Dr. Saikumar Gangitla**, Assistant Professor, for their active assistance and involvement. Their technical expertise and encouragement played a pivotal role in the effective execution of diagnostic procedures.

We are also deeply grateful to **Dr. Sambid Swain**, Dean of the School of Fisheries, for his coordination support and encouragement, and to **Dr. Preetha Bhadra**, Managing Director of FTL, whose contribution of essential medical instruments and supplies ensured that the camp ran smoothly and efficiently. A special mention goes to **Mr. Victor Pradhan**, whose timely help and behind-the-scenes effort significantly strengthened our operations.

This health checkup camp stands as a shining example of what can be accomplished through teamwork, empathy, and a shared vision for well-being. The dedication of the **faculty members, technical staff, and student volunteers of the School of Nursing** was truly commendable. Their tireless service and professional conduct brought comfort and confidence to every individual who walked into the camp. We thank each one of them for making this initiative a success.



Centurion
UNIVERSITY
*Shaping Lives...
Empowering Communities...*

PHOTO GALLERY





Centurion UNIVERSITY
Shaping Lives...
Empowering Communities...





Centurion UNIVERSITY
Shaping Lives...
Empowering Communities...





PARTICIPANT LIST

18 Blood Check-up 30/05/25				Health Checkup Camp.							
S.No	Date	Name of the Staff	Mobile NO.	Signature	DEPT	Test details	Age	Gender	Hts	Wt	Bp
1.	30/05/2025	Dr. Manoj Kumar	8270838954	Ushah	SOET	LFT.	30	M	5'10"	87	127/73
2.	30/05/2025	Dr. Aurabinda Bag	7978450549	Aurabinda Bag	SOET	Cholesterol, WBC, Hb, Hct, PLT		M	5'6"	72	87/72
3.	30/05/2025	K. Rajeev Acharya	8144986359	Rajeev	SOET	All tests	41	M	176 cm	83	120/80
4.	30/05/2025	V. Khagesh	9886481497		SOET			M			
5.		Rajesh Mishra	7077864143		SOET	All test	44	M	173 cm	55	122/82
6.	30/05/25	Dr. Pradyumn P. Pradhan	8967834435		SOET	FBS & All test	40	F	5	85	102/74
7.	30/05/25	Dr. Mohd. Anil Anwar	9627204918	Anil	SOET	All tests	31	M	173	71	110/70
8.	30/05/25	Dr. Sanjay Mishra	9861103242		SOET	All tests	37	M	5'9"	76	119/76
9.	30/05/25	Mithlesh Mann	8102026105		SOET	All tests	39	M	5'5"	81	120/80
10.	30/05/25	T. Jitendra	7894838469		campus cleaning	All Tests	55	M	5'5"	63	116/70
11.	30/05/25	B. Tejeswar Rao	785998863		Construction	All test	45	M	5'8"	85	
12.	30/05/25	Ramesh Chandra Sahu	9337817459	Renu	Construction	All test		M	5'6"	76	120/80
13.	30/05/25	Dr. Abhishek Das	7008909952		SOET	All Test	34	M	5'4"	76	110/70
14.	30/05/25	Dr. Ritoban Abhinava Panigrahi	7978791672		SOET	BMI	34	M	173	73	110/70
15.	30/05/25	Prof. Subantak. Nayak	9420352211		SOET	BMI	45	M	5'7"	106	130/80
16.	30/05/25	Dr. M. V. Sanyal	9441053630		SOET	BMI	46	M	178	84	
17.	30/05/25	K. J.									
18.	30/05/25	Sauraj Mishra	8310639823		SOET	Blood Sugar, BP, All tests	42	M	5'5"	69	120/80
19.	30/05/25	Dr. Ramirekha Mishra	9997502999		EEG SOET	All tests	45	F	5'4"	67	110/70
20.	30/05/25	Dr. Abhishek	7735363537		SOET-EEG	All tests	41	M	5'6"	77	135/80
21.	30/05/25	G. S. S. S. S.	9556884242		Mechanical	Lipid Profile, TPT, TPT, BUN, XFT	43	F			
22.	30/05/25	Dr. Nabanabhan Bhanu	9458353791		civil	RS, CBC, All tests	40	M	5'5"	76	116/76
23.	30/05/25	Dr. Santosh Patra	9338608825		Mechanical	All tests	39	M	5'6"	66	130/80
24.	30/05/25	Dr. K. P. Choudhary	9971641710		Civil	for test	31	M	5'1"	70	110/70
25.	30/05/25	N. J. J. J. J.	8847882105		ECE	All test	43	F	5'10"	57	110/70



S.No	Name of the Faculty	Age	Gender	Mobile No	Department	Tests	Height	Weight	BMI	B.P	Signature
1.	Saamyakanta Das	34Y	M	7504746884	School of Management	All test	175cm	97kg	31.68	136/84	[Signature]
2.	Himadkim	33yr	F	8131903630	School of Fisheries	All test	153cm	61kg	26.05	114/67	[Signature]
3.	Anubhuti Ganjayat	24yr	F	9348412608	SOM	All test	163cm	64.5kg	24.33	119/85	[Signature]
4.	Samita Mahapatra	38yr	F	8327773730	SOM	All test	149cm	65.10kg	29.32	117/83	[Signature]
5.	Smaruti Ranjan	29Y	M	7978349981	SOM	All test	172cm	93kg	29.71	116/67	[Signature]
6.	Ashutosh Patil	28Y	M	7978409463	SOM	All test	186cm	69kg	20	131/76	[Signature]
7.	Kedarnath Nayak	25Y	M	9178430567	SOM	All test	176cm	76kg	24.59	132/74	Kedarnath Nayak
8.	Ushil M. Pradhan	31Y	M	8249011404	(SOM)	All test	182cm	94kg	28.45	143/85	[Signature]
10.	Jatin Patil	49	M	9434853167	SOM	All Test P	162cm	63.4kg	24.04	133/82	Jatin Patil
11.	Y. V. Pratap	35	M	8926117717	SOM	All types	169cm	67.15kg	23.56	111/66	[Signature]
12.	Ritesh Kumar	33	M	8905222857	MSS&A	All types	177cm	92.6kg	29.39	118/84	[Signature]
13.	Puja Singh	29	F	7003401747	SOABF	All types	168cm	71.1kg	25.17	104/69	Pooja Singh
14.	M. Laxman Rao	40	m.	9668666477	SOM	All types	168	79.2kg	28.08	112/103	[Signature]
15.	I. Siva Ramakrishna	33	M	7978287663	SOAS	All test	180	76.75	23.66	143/90	[Signature]
16.	Pratiba Pramanik	25	F	6300067088	SOM	all tests	157	63kg	25	100/66	P. Pramanik
17.	CH.V.S. PRASAD	27	M	7989232350	SOET	all tests	165	81.85kg	37.32	121/87	[Signature]
18.	Anant Ramani	36	M	8373083368	MSS&A	All tests	170	72.42	25.05	121/71	[Signature]
19.	Dinakar Gajipati	37	M	809354042	[Signature]	All tests	171	77.5	26	108/84	[Signature]
19.	Dr. Abha Manthara	23	F	8848502560	MSS&A	All tests	163	74.6	28	123/73	[Signature]
20.	Dr. G. Sekhar	31	M	7356694716	MSS&A	All tests	171	71.80	24.58	159/80	[Signature]
21.	Dr. Ashish Babu Mahapatra	32	m	7008461263	MSS&A	All tests	171	75.5	25.68	113/69	[Signature]
22.	Dr. Amir Prasad Behera	40	M	9438610887	SOM	All tests	175	74	24.12	110/70	[Signature]
23.	Dr. Anil Kumar	35	M	8908463165	MSS&A	All test	170	75	25.95	115/59	[Signature]
24.	Prasanna Behera	29	M	8456050934	MSS&A	All test	172	78	26.44	123/81	[Signature]
25.	Dr. Maheshwar A	30	F	8500402083	SOM	All test	149	56	25.22	130/60	[Signature]
26.	Dr. Nanda Shrestha	25	F	9398686400	SOVAS (ANN)	All test	165	52.4	19.26	105/67	N. Shrestha
27.	Dr. Anil Kumar Prasad	33	M	8309013938	SOVAS (VAV)	All test	168	66.5	23.58	140/85	[Signature]
28.	B. Kabi Chandras	35	M	7978588288	SOVAS (VAV)	All test	167	93	33	130/70	[Signature]
29.	Dr. K. Harsh	32	M	7780736306	SOVAS (VAV)	All test	167	73	25.82	30/90	[Signature]
20.	Dr. Ch. Anshu	25	F	63118414	SOVAS (VPI)	All test	160	60	23.43	105/70	[Signature]



Date - 02/06/2025

S.No.	Name of the Faculty	Age	Gender	Mobile No.
1	Dr. Sakunala Uma Maheswari	26yrs	Female	9949420983
2	Dr. M. Praveen Kumar	31yrs	Male	7981316237
3	Dr. Parizham A. Krishna	27yrs	Female	7012661933
4	Dr. B. Jaya Madhuri	29y	Female	8074714312
5	Dr. K. Anthony Raju	27y	Male	7093259970
6	Dr. A. SUGRAMANAN	68	Male	9444451027
7	Dr. K. K. Lakshmi	65	Male	9444 833 077
8	Dr. Chaitanya Gollu	28	Male	7981526748
9	Dr. Srikumar G.	26	Male	8419132119
10	Prasanna Mallik	47	male	9178269715
11	Dr. Suresh Kumar Phani	47	Male	7978280904
12	Dr. Pratyush Kumar Das	35	Male	6371865337
13	Dr. Komla. Harshavardhan	32	Male	775002000
14	Dr. Nuka Lakshmi	26	female	7013298555
15	Dr. Saranya Rishi	27	female	7660876279
16	Dr. P. Sebastian Dattu	30	Male	8870185123
17	Ms. Swapna Rani Nay	27	Female	9078744094
18	Ruby Pundey	36	Female	7872683763
19	Dr. Deepanka Sawkra	32	Male	8638501475

Department	Tests	Height (184 cm) 5'4ft	Weight 67kg	BMI 24	B.P 103/71	Signature
Vety Pathology	Haematological and Biochemical test					
Vety Gynaecology & Obstetrics	Haematological & Biochemical test	178cm	84kg	26.5	116/72	M. Praveen
Veterinary Anatomy	Haematological & Biochemical test	166cm	62.9kg	22	107/68	
AOB, SOVAS	All tests	156cm	60.05kg	24	117/89	
Dept of VGO SOVAS	All tests	166cm	70.9kg	25.4	120/84	
Dept of Phys. Govt	All	160cm	62kg	24.2	110/70	
Dept. of VHC	All	170cm	83.8kg	28.7	110/70	
Gendering	Sugar, B.P, All	158cm	74.6kg	29.1	118/82	
SON	All	166cm	66	23	120/80	
SOABE	All	170cm	61	21.1	142/90	
So ADE	All	170cm	102	35.3	115/75	
VCC, SOVAS	All	160	52.5	20.5	99/67	
VCC, SOVAS	All	158	52	20.8	110/80	
VCC, SOVAS	All	177cm	98.8	31.5	115/80	
MBS, SOA	All Test	153cm	57.02	24.3	110/70	
SOABE	All	155cm	64kg	26.4	110/70	
SOABE	All	180cm	71kg	21.9	110/80	

S. N. Sandhya

Prof. S.N. Sandhya
 Vice Principal, School of Nursing
 M.Sc. Nursing (Obstetrics and Gynaecology) (Ph.D.) Candidate Centurion University of
 Technology and Management (CUTM) Paralakhemundi Campus
 Principal
 School of Nursing, Paralakhemundi
 Centurion University